



INAUGURATION OF YOUTH RED CROSS WING ACTIVITIES 2018-19

21st-Aug-2018

**VIDYAVARDHAKA SANGHA(R)
VIDYAVARDHAKA FIRST GRADE COLLEGE**
Sheshadri Iyer Road, Mysuru – 570 001.



Celebrating Forty Years: 1978-2018



Inauguration of Youth Red Cross Wing Activities : 2018-19

Inauguration by

Dr. Raveesh B. N.

Professor & Head, Dept. of Psychiatry
Mysore Medical College & Research Institute, Mysuru

President

Er. P. Vishwanath

Hon. Secretary, Vidyavardhaka Sangha (R), Mysuru

Chief Guest

Sri. S. N. Lakshminarayana

Hon. Treasurer, Vidyavardhaka Sangha (R), Mysuru

Guests of Honour

Sri. T. Nagaraju

Chairman, CMC, VVFGC, Mysuru

Dr.S. Mari Gowda

Principal, VVFGC, Mysuru

Date: 21.08.2018
Tuesday

Time: 11.00 A.M
Venue: College Auditorium

You are cordially invited

Prof. H. J. Chandrashekar
Coordinator
40 years Celebration Committee

Prof. P. K. Govardhan
Programme Officer
Youth Red Cross Wing

HODs, Faculty, Non-Teaching Staff & Students



Inauguration of Youth Red Cross Wing Activities-2018-19 was held in Vidyavardhaka First Grade College auditorium. Dr.Raveesh B N, Professor & Head, Dept. of Psychiatry, Mysore Medical College & Research Institute, Mysuru inaugurated the function.









Dr. Raveesh B N. In his speech, he said that we are living in abundance yet thirsty. He expressed his concern about the young generation losing values and ethics in day today life. The speaker said that today's generation are socially connected, physically alone and mentally disturbed and termed today's generation as Generation-Z.

He told the students to develop social responsibility and let go EGO gadgets will not make an individual great. Self-regulation is very important we know not how to work , how to take rest and relax because boundaries are not known. Good health is not without any illness but it is the perfect balance of IQ,& EQ. Giving the definition of life L-Love, I-Inspiration, F-Faith and E-Ethics, Encouragement. He gave a call "TO LIVE, LET LIVE AND INSPIRE".





In the Principal's address Dr.S.MariGowda, Principal, VVFGC, Mysuru explained the aims of Red Cross Society and told the students to set smart goals. S-Smart, M-Measurable, A-Achievable, R-Realistic and T-Timely. The Principal in his speech asked the students not to blame the system, society or the world. You cannot change the world, change yourself so that the world has one lesser fool.

In his Presidential address Sri.S.N.Lakshminarayana, Hon.Treasurer, Vidyavardhaka Sangha ®, Mysuru. He opined that 'Mothers role is very vital in any achievement of an individual.



The function was presided by Sri.S.N.Lakshminarayana, Hon.Treasurer, Vidyavardhaka Sangha ®, Mysuru, inaugurated by Dr.Raveesh B N, Professor & Head, Dept. of Psychiatry, Mysore Medical College & Research Institute, Mysuru, Guest of Honor Prof.Mahadevappa, Vice President, Mysuru Youth Red Cross Wing, Dr.S.MariGowda, Principal, VVFGC, Mysuru, Prof.H.J.Chandrashekar, Coordinator, 40 years Celebration Committee.

Prof.P.K.Govardhan Programme Officer introduced the guest to the gathering. Invocation by Kum.Sharanya, Compered by Smt. Anusha M.C Assistant Professor, Vote of thanks was proposed by Smt. Shanthamma.H.M.