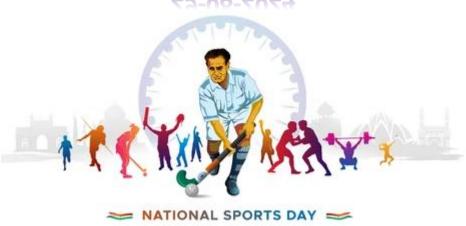
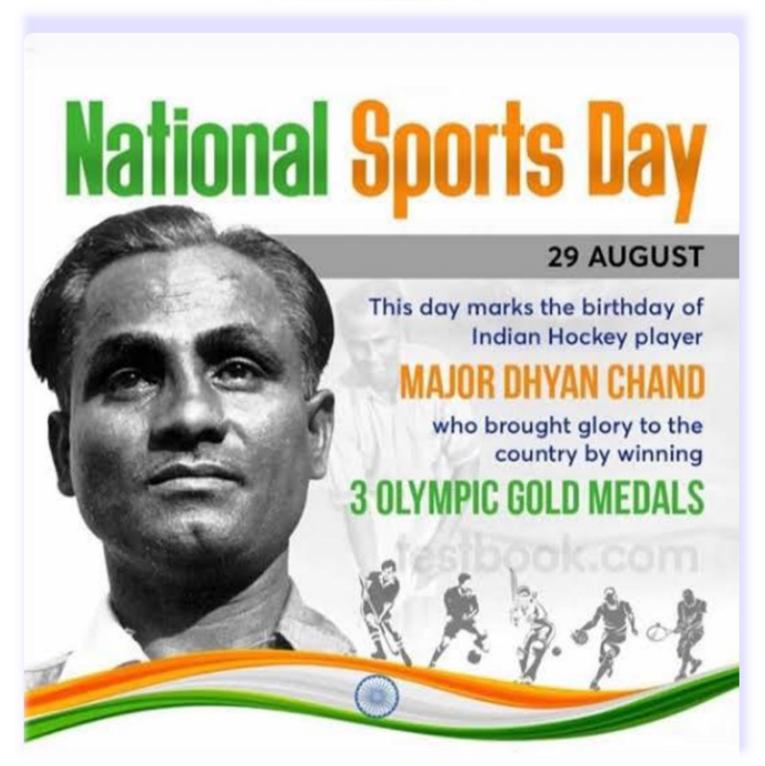


29-08-2024







National Sports Day is celebrated in India on 29 August every year.

We celebrate this day to spread the message of the benefits of sports and daily physical activities in every person's life.

Key facts about National Sports Day!

- This day marks the birth anniversary of famous hockey player Major Dhyan Chand.
- Major Chand is regarded as India's greatest hockey player of all time.
- He won gold medals in the Olympics for India in the years 1928, 1932 and 1936.
- The government presents the Major Dhyan Chand Award in his honour.
- This is the highest award for athletes who contribute to sports in India, not only when they are playing but also after they retire.
- Moreover, PM Modi has also renamed the Rajiv Gandhi Khel Ratna Award the Major Dhyan Chand Khel Ratna Award after him. This is India's highest sporting award.
- On National Sports Day, usually, the President of India awards various sports awards such as the Arjuna award to athletes.









































