



16-06-2026

INDOOR ACTIVITIES SESSION – 01



VIDYAVARDHAKA SANGHA(R), MYSURU
VIDYAVARDHAKA FIRST GRADE COLLEGE

Sheshadri Iyer Road, Mysuru – 570 001



Induction Programme
for 1st Year Degree Students: 2026-27

Indoor Activities | Session - 01

**TOPIC: "CIVIC SENSE: THE LIFE SKILL THAT DOESN'T
COME WITH THE CERTIFICATE"**

Resource Person

Dr. J. LOHITH

Co-ordinator, IQAC

University of Mysore ,Mysuru



DATE: 16-06-2026 | TIME: 10.00 AM | VENUE: SRI.P.M.CHIKKABORALAH HALL







INDOOR ACTIVITIES SESSION – 02

VIDYAVARDHAKA SANGHA(R), MYSURU
VIDYAVARDHAKA FIRST GRADE COLLEGE

Sheshadri Iyer Road, Mysuru – 570 001

Induction Programme

for 1st Year Degree Students: 2026-27

Indoor Activities | Session - 02

TOPIC: "MENTAL HEALTH"

Resource Person

Dr. Shivanand Manohar J.

Asst. Professor, Dept. of Psychiatry
JSS Medical College and Hospital,
Mysuru



DATE: 16-06-2026 | TIME: 11.30 AM | VENUE: SRI P.M. CHIKKABORALAH HALL

